

# Bon Secours St. Francis Senior Community Health Resource Guide 2024

## **Greenville, South Carolina**

### ***OUR MISSION***

Our Mission is to extend the compassionate ministry of Jesus by improving the health and well-being of our communities and bring good help to those in need, especially people who are poor, dying and underserved.

### ***OUR VISION***

Inspired by God's hope for the world, we will be a ministry where associates want to work, clinicians want to practice, people seek wellness and communities thrive.

## **OUR VALUES**

### **Human Dignity**

We commit to upholding the sacredness of life and being respectful and inclusive of everyone.

### **Integrity**

We commit to acting ethically and modeling right relationships in all of our individual and organizational encounters.

### **Compassion**

We commit to accompanying those we serve with mercy and tenderness, recognizing that “being with” is as important as “doing for.”

### **Stewardship**

We commit to promoting the responsible use of all human and financial resources, including Earth itself.

### **Service**

We commit to providing the highest quality in every dimension of our ministry.

**The purpose of this resource guide is to provide local resources made available for individuals that access Bon Secours St. Francis Health System. It is a fluid document. It is not meant to be an all-inclusive resource for our patients and their families. It will be important to contact the agency directly for the most current information, as addresses and phone numbers are subject to change.**

## Alzheimer's

### **ALZConnected**

<https://alzconnected.org/>

ALZConnected, powered by the Alzheimer's Association, is a free online community for everyone affected by Alzheimer's or another dementia. Browse message boards for caregivers or people living with dementia.

### **Alzheimer's Association South Carolina Chapter**

<https://www.alz.org/sc>

Offers many in-person and virtual programs, including support groups, education programs, and early-stage engagement programs, for those with Alzheimer's and their caregivers. The Alzheimer's Association is available 24/7.

- To schedule, call (800) 272-3900

### **Alzheimer's Resource Coordination Center (ARCC)**

<https://aging.sc.gov/programs-and-initiatives>

The Alzheimer's Resource Coordination Center's goal is to serve as a statewide focal point for coordination, service development, information, and education to assist persons with Alzheimer's disease and related dementias (ARD) and their families.

- 1301 Gervais Street, Suite 350, Columbia, SC 29201  
(803) 734-9900  
Fax: (803) 734-9886  
Toll Free: +1 (800) 868-9095

### **Home Helpers Home Care of Upstate**

<https://www.homehelpershomecare.com/upstate/>

Home Helpers offers many services to help seniors while allowing them to stay in their home, including companion care and personal care. Alzheimer's and dementia care services are also available, with trained professional caregivers available to help ease the burden. Home Helpers also offers free in-home care assessments with affordable and customized solutions. Services include customized in-home care, wellness calls, 24-hour monitoring, and nutrition and well-being services. Located in Greer, Home Helpers serves the areas of Campobello, Duncan, Greenville, Greer, Inman, Landrum, Lyman, Taylors, and Wellford.

- 509 W Poinsett St Greer, SC 29650  
864-272-4564

### **Nightingale's Nursing and Attendants**

<https://nightingalesnursing.net/home-care-services/alzheimers-care/>

Nightingale's Nursing provides its staff with the highest education and training to help care for those with Alzheimer's. In-home care includes a wide range of services provided in the home, rather than in a hospital or care facility, which can allow a person with Alzheimer's or other dementia to stay in his or her own home. Nightingale's Nursing is an authorized provider of Alzheimer's services through the state of South Carolina and is authorized to provide care to those diagnosed with Alzheimer's, utilizing Alzheimer's grants programs in SC.

- 1200 Woodruff Rd A-3, Greenville, SC 29607

864-527-0446

### **Dementia Dialogues**

Dementia Dialogues is a nationally registered and evidence-informed, intervention program. This 5-module training course is designed to educate community members and caregivers for persons who exhibit signs and symptoms of Alzheimer's disease and related dementias (ADRD). This program is presented by Certified Dementia Dialogues Instructors across the United States and is free of charge for all participants.

Appalachia Area Agency

- 30 Century Circle Greenville, SC 29607  
864-242-9733

### **Visiting Angels Greenville**

<https://www.visitingangels.com/greenville/alzheimers-services>

Visiting Angels Greenville is a trusted local resource for Alzheimer's care at home with a mission to improve the quality of life for those living with Alzheimer's and their families. Alzheimer's care from Visiting Angels Greenville takes the pressure off family caregivers by offering services such as client monitoring and wandering prevention, fall prevention and walking assistance, planning and preparation of healthy meals, dignified aid with bathing, dressing, and grooming, and transportation to therapy and doctors, among many others.

- 239 Adley Way, Greenville, SC 29607  
864-284-6370

### **Browning Geriatric Consulting, LLC**

<http://browninggeriatric.com/>

Browning Geriatric Consulting is a full-service consulting firm dedicated to designing customized solutions and producing positive results for Upstate Seniors and their families for 25 years.

- Email: [administrator@browninggeriatric.com](mailto:administrator@browninggeriatric.com)  
Phone (864) 233-5260 and Fax (864) 240-9256  
11 Mills Avenue, Greenville, SC 29605

### **Video Resources:**

["Demential 101 - The Basics SC Department on Aging" Video](#)  
["Understanding Alzheimers"](#)

## **Fall Prevention**

### **Fall Prevention - Matter of Balance**

Contact: Susan Cannon, LifeWise Program Coordinator, Bon Secours St. Francis Health System

- Sterling Hope Center,  
709 Dunbar St, Greenville, SC 29601  
864-292-9691

## Food & Nutrition

### Food Pantries

#### **Center for Community Services**

<https://www.centercs.com/utilities-food/>

Centers for Community Services is an organization that provides emergency help with utilities, prescription assistance for life-saving medications, food boxes, and assistance with applying for SNAP and WIC to help individuals make it through hard times. For assistance, bring social security cards for yourself and your family, a photo ID, proof of residency, and proof of income. Hours are Monday, Tuesday, Thursday, and Friday from 9:00 a.m. – 11:30 a.m., and Wednesday from 1:00 p.m. – 3:30 p.m.

- 1102 Howard Drive Building #7, Simpsonville, SC 29681  
864-967-2022

#### **Feed Thy Neighbor**

<https://www.standrewsgreenville.org/feed-thy-neighbor>

Feed Thy Neighbor is a ministry of five areas churches to provide breakfast for those in need in Greenville. The hours are Saturday from 7:00 a.m. to 8:30 a.m. If you would like to support Feed Thy Neighbor, we would welcome your time, treasure and talents. Just drop us a note at [office@standrewsgreenville.org](mailto:office@standrewsgreenville.org)

- 1002 South Main Street, Greenville, SC 29601  
864-235-5884

#### **Food Security Coalition**

<https://livewellgreenville.org/greenville-county-food-resources/>

Organized guide to locate food assistance resources throughout Greenville County.

#### **Greater Spartanburg Ministries**

<http://www.greaterspartanburgministries.org/index.html>

Greater Spartanburg Ministries distributes groceries and drinks to over 150 local families each week. The food pantry is open Mondays and Thursdays at 9:30 and the first 50 people are accepted. For assistance, bring photo ID and social security card.

- 630 Asheville Hwy, Spartanburg, SC 29303  
864-585-9371

[greaterspartanburgministries@yahoo.com](mailto:greaterspartanburgministries@yahoo.com)

#### **Greer Community Ministries**

<https://www.gcminc.org/our-services/>

Greer Community Ministries offers emergency food assistance to those in need. For assistance, bring a

photo ID with a current address and current utility bill.  
The hours are Monday – Friday from 9:00 a.m. to 12:00 p.m.

- 738 S. Line St. Ext. Greer, SC 29651  
864-877-1937  
[info@gcminc.org](mailto:info@gcminc.org)

### **Greer Relief**

[www.greerrelief.org/get-help/](http://www.greerrelief.org/get-help/)

Greer Relief supplies food to individuals in need who qualify for assistance. Food pantry houses nonperishable foods as well as household items. Assistance is limited to residents of Greer, Taylors, Duncan, Lyman, and Wellford. Proof of residence is required. To receive food assistance, the front of the Assistance Application must be completed along with a government-issued photo ID. Food assistance is available as often as once every 3 months. Hours are Monday – Friday from 9:00 a.m. to 11:00 a.m., and Monday, Tuesday, and Thursday from 1:30 p.m. to 4:00 p.m.

- 202 Victoria Street , Greer, SC 29652-1303  
864-848-5356  
[info@greerrelief.org](mailto:info@greerrelief.org)

### **Harvest Hope**

<https://www.harvesthope.org/>

Harvest Hope provides food to soup kitchens, shelters, food pantries, and schools across the county. They also operate emergency food pantries. For assistance at emergency food pantries, present a photo ID and the birthdays of everyone in the household. Individuals will then receive 5-6 days' worth of non-perishable and perishable groceries. Individuals may come once a month. Emergency food pantries hours are Monday, Wednesday, and Friday from 9am to 1pm.

- Harvest Hope Upstate Emergency Food Pantry  
2818 White Horse Road, Greenville, SC 29611  
(864) 281-3995  
Fax: (864) 281-3998

### **Laurel Creek United Methodist Church Food Pantry**

<https://laurelcreekchurch.org/food-pantry/>

Laurel Creek United Methodist Church offers a food pantry which works with members and partners throughout Greenville County. The food pantry is open each second and fourth Wednesday of the month from 9:00 a.m. to 11:00 a.m.

- 2598 Laurens Road Greenville, SC 29607 (864) 297-8463  
[laurelcreekumc@att.net](mailto:laurelcreekumc@att.net)

### **Miracle Hill From God to You Ministry**

<https://miraclehill.org/how-we-help/food-warehouse/>

Miracle Hill From God to You is a community food pantry for people in need and a food warehouse for Miracle Hill's shelters. For assistance, bring a photo ID and two pieces of official mail or bills from the home address matching the photo ID. Individuals may receive food boxes for up to six consecutive months. One per household.

- 726 Keith Drive Greenville, SC 29607  
(864)- 552-1430

### **North Greenville Crisis Ministry**

<https://www.northgreenvillecrisisministry.org/>

The North Greenville Crisis Ministry offers food and clothing to qualifying individuals every other month, the amount of which is determined by the number of individuals within the household. The amount of food received is about a weeks' supply, and limited funds are also available for assistance with rent and utilities. For assistance, bring a photo ID and proof of residency. Must live in service area in one of the following zip codes: 29609, 29613, 29617, 29635, 29661, 29683, 29687 (partial), or 29690.

- 864 N. Hwy 25 Bypass Greenville, SC 29617  
864-834-7342 [ngfcministry@gmail.com](mailto:ngfcministry@gmail.com)

### **Project Host Soup Kitchen**

<https://www.projecthost.org/>

Services include the Soup Kitchen which provides free, easily accessible, nutrient dense meals to people who face hunger. Sunday through Friday from 11am to 12 pm.

- 525 S. Academy St. Greenville, SC 29601  
864-235-3403

### **Samaritan House of Greenville, Inc**

<https://www.thesamaritanhous.org/>

The Samaritan House of Greenville, Inc. is the effort of five area churches to provide food for those in need in the Augusta Street area. The basic food bag contains canned soups, vegetables, and fruit, as well as cereals, juice, meat, bread, and fresh items as available. Food assistance is available to residents of Greenville County. For assistance, bring a photo ID with your current address. Clients must also meet USDA income requirements. Open Thursdays from 9:00 a.m. to 12:00 p.m.

- 2737 Augusta Street Greenville, SC 29605  
864-299-5898

### **Senior Farmers' Market – South Carolina Department of Social Services**

<https://dss.sc.gov/assistance-programs/food-and-nutrition-programs/senior-farmers-market/>

The Senior Farmers' Market Nutrition Program (SFMNP) is a seasonal USDA grant program that provides participants with access to fresh, nutritious, unprocessed fruits and vegetables from local farmers' markets and is designed to increase awareness and use of community markets. Seniors must be 60 years or older for eligibility and apply for benefits each year. Locations vary by county.

- 803-898-1760

### **St. Anthony of Padua Food Pantry**

<http://www.newstanthony.com/ministries/works-of-mercy/>

The St. Anthony of Padua Food Pantry provides assistance to those in need in the community by providing non-perishable food bags for individuals and food boxes for

families. Outreach is coordinated with Catholic Charities and the Save-a-Smile program.

- 864-380-4155  
[carolmoeller333@gmail.com](mailto:carolmoeller333@gmail.com)

### **TOTAL Ministries**

<https://totalministries.org/>

TOTAL Ministries offers food assistance to Spartanburg County residents in need. For assistance, bring a current photo ID and social security cards for everyone in the household. People under 65 are eligible every three months. People over 65 are eligible once a month.

- 976 S. Pine Street, Spartanburg, SC 29302  
864-585-9167, Fax: 864-699-9762  
[contact@totalministries.org](mailto:contact@totalministries.org)

### **Triune Mercy Center**

<https://www.triunemercy.org/food.html>

Triune Mercy Center works in partnership with area churches and organizations to provide food to families and individuals who need it most. Every Wednesday, from 9:00 a.m. to 11:00 a.m., food boxes of fresh and non-perishable food donated by Harvest Hope is available to the first 50 people. In addition, those receiving food have access to other volunteer social services, including free legal aid, drug and alcohol recovery resources, and credit. For those experiencing homelessness, to-go meals are distributed each Saturday and Sunday. Personal hygiene kits are also available.

- 222 Rutherford St. Greenville, SC 29609  
864-233-8020

### **The Salvation Army of Greenville**

<https://southernusa.salvationarmy.org/greenvillesc/emergency-financial-assistance>

The Salvation Army of Greenville's community meal program is evaluated and based on need. Bag lunches and baked goods will be served to the community at the Stall Street entrance of our Greenville shelter campus on our "Community Meal Days" on Tuesdays and Thursdays from 12:30 - 1 p.m.

### **United Ministries**

<https://united-ministries.org/>

Services include a food pantry which allows families to choose the food items that fit their family's needs. Assistance with life-sustaining medication is available. Monday, Tuesday, and Friday from 8am to 11:30am.

- 606 Pendleton Street, Greenville, SC 29601  
864-232-6463  
[info@united-ministries.org](mailto:info@united-ministries.org)

### **Westside Crisis Center**

<https://www.mywoodside.church/westside-crisis-center>



This ministry helps provide food, toiletries, or clothing to those in need. The hours are Monday, Tuesday, and Thursday 10am-12pm.

- 301 Woodside Avenue, Greenville, SC 29611  
864-271-2781 [info@mywoodside.church](mailto:info@mywoodside.church)

### [Food Pantry Delivery](#)

#### **Project Dash**

<https://about.doordash.com/en-us/news/introducing-project-dash>

Project DASH (DoorDash Acts for Sustainability and Hunger) is DoorDash's collaboration with Feeding America®'s MealConnect system to provide hunger relief and aid in reducing food waste. Project DASH is DoorDash's initiative focused on tackling the problems of hunger and food waste in the local communities that are served.

#### **Healthy Bucks**

<https://dss.sc.gov/assistance-programs/food-and-nutrition-programs/healthy-bucks/>

Healthy Bucks is an incentive program available to Supplemental Nutrition Assistance Program (SNAP) recipients to help increase their access to healthy fruits and vegetables. Spend at least \$5 with your SNAP EBT card and get \$15 in Healthy Bucks tokens to purchase fruits and vegetables on the same day. Healthy Bucks is free with no cost to sign up, and the Healthy Bucks coordinator will assist individuals in every step of the way. Contact Norvell Gibson with questions.

- Norvell Gibson: (803) 898-7626  
[Norvell.Gibson@dss.sc.gov](mailto:Norvell.Gibson@dss.sc.gov)

#### **South Carolina Department on Aging (SCDOA) Nutrition Program**

<https://aging.sc.gov/nutrition>

SCDOA's nutrition services program provides meals, socialization, and nutrition education to older adults. These services are provided in a variety of settings such as senior centers, meal sites, as well as to home-bound seniors in all 46 South Carolina counties. The goals of the nutrition programs are to reduce hunger, food insecurity and malnutrition, promote socialization of older adults, and promote the health and wellbeing of older individuals. These goals are achieved through group dining programs, home-delivered meals programs, nutrition education and consultations, socialization opportunities, and referrals to other nutrition assistance programs.

For eligibility for group dining, must be over 60 years of age regardless of income level, spouses of eligible participants, persons with a disability who live with an eligible participant, and volunteers who provide services during meal hours. For eligibility for home-delivered meal programs, must be 60 years of older and home-bound due to illness, incapacity, disability, or are otherwise isolated, spouses and caregivers of eligible participants if it is beneficial to the participants, and persons with a disability who live at home with a participant. Contact the local Area Agency on Aging for available nutrition services in your area.

- Anderson, Cherokee, Greenville, Oconee, Pickens, and Spartanburg  
Appalachian Area Agency on Aging

30 Century Circle, Greenville, SC 29607  
864-242-9733

### [Meal Delivery](#)

#### **Meals on Wheels**

<https://mealsonwheelsgreenville.org/>

Service: Daily hot meals for those homebound in Greenville.

Hours: Monday through Thursday 8:30 a.m. to 4:30 pm., Friday 8:30 a.m. to 4:00 p.m.

Services include: Daily nutritious meals, personal contact, and related services to people in the community.

- 15 Oregon Street Greenville, SC 29605  
864-233-6565  
Fax: 864-235-1264

#### **Upstate Circle of Friends**

<https://www.ucfgreenville.org/>

Senior Meal Provider Program:

We provide daily year round home-delivery of meals to seniors who are assessed to be "homebound", therefore cannot attend a congregate nutrition site, they are unable to shop and prepare food for themselves and they have no reliable support. The goal of this program is to provide a support service to enable senior adults to remain independent in their own homes. Eligibility for home delivered meal services are assessed by a case worker. For more information about this service or to sign up for this program, please call 864-277-5788 Our short term (up to 12 weeks) home delivered meal option is also available for those seniors recovering from hospitalization or rehabilitation and meet the homebound meal service eligibility as described above. For more information or to sign up for this program, please call our office at 864-277-5788.

*Who qualifies for this service?*

- Anderson, Cherokee, Greenville, Laurens, Pickens, Spartanburg, and Union county residents, who are physically or mentally unable to obtain food or prepare meals and they have no responsible person who is able and willing to perform this service
- Are unable to attend a congregate nutrition site because of physical or mental impairment
- The spouse of an older person, if one or the other is homebound because of illness or incapacitating disability

*How to Apply?*

Individual interested in this service must call 864-201-8591. A medical provider, family member, caregiver, or a friend may call and make the referral for the potential client. For short term meal service, individual must call 864-201-8591. Referrals can also be made by a medical provider, family member, caregiver or a friend.

- Upstate Circle of Friends  
29 Ridgeway Dr, Greenville, SC 29605  
864-277-5788  
[info@ucfgreenville.org](mailto:info@ucfgreenville.org)

## [Senior discounts for Groceries](#)

### **Earth Fare**

On Mondays seniors 60+ receive a 10% discount off their purchase. The discount does not apply to alcohol or gift cards.

### **Feed and Seed Co.**

Seniors 65+ on Fridays receive a 10% discount.  
Market hours M-F 8-5:30pm, Café hours M-F 8-2pm.

### **Garner's Natural Life**

Everyday seniors 60+ receive a 7% discount on their purchases.

### **Harris Teeter – Club 60**

Shop at Harris Teeter and use your VIC card (a Very Important Customer card can be attained by visiting the Customer Service Desk). Every Thursday, if you are 60 or over, you will receive a 5% discount! If you qualify for this discount, don't forget to tell your cashier!

The discount applies to all purchases except the following: Fuel, Pharmacy, Tickets and Gift Cards. In addition, it applies after all coupons and VIC discounts are deducted.

### **Healthy Bucks**

Healthy Bucks is an incentive program available to Supplemental Nutrition Assistance Program (SNAP) recipients to help increase their access to healthy fruits and vegetables. Spend at least \$5 with your SNAP EBT card and get \$15 in Healthy Bucks tokens to purchase fruits and vegetables on the same day. Healthy Bucks is free with no cost to sign up, and the Healthy Bucks coordinator will assist individuals in every step of the way. Contact Norvell Gibson with questions.

• Norvell Gibson: (803) 898-7626

[Norvell.Gibson@dss.sc.gov](mailto:Norvell.Gibson@dss.sc.gov)

### **Instacart**

Instacart offers a special Senior Support Service for customers over age 60. We have a dedicated team of specialists who specialize in setting up accounts and placing orders for customers who may need additional assistance.

The Senior Support Line is available in the U.S. and Canada at 1-844-981-3433, daily from 8 a.m. — 11 p.m. ET.

### **Lowe's Food**

Seniors 55+ receive a 5% discount on purchases on Wednesdays.

### **Publix**

Senior Shoppers 60+ receive a 5% discount every Wednesday. The discount is not applicable on alcohol or cigarettes.

**Senior Farmers' Market – South Carolina Department of Social Services**

The Senior Farmers' Market Nutrition Program (SFMNP) is a seasonal USDA grant program that provides participants with access to fresh, nutritious, unprocessed fruits and vegetables from local farmers' markets and is designed to increase awareness and use of community markets. Seniors must be 60 years or older for eligibility and apply for benefits each year. Locations vary by county.

803-898-1760