

**Aging in Place Fall Prevention Awareness Day: Stay Independent!**

**Join us** on September 20th, 2024, 10 – noon to learn more about what you can do to protect your independence and mobility. Our interactive event will include speakers and resource on these topics:

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| * Balance Assessments
 | * How to Reduce Fall Risks
 | * Fall Risk Checkups
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| * Hearing & Vision
 | * Safe Exercises
 | * Brain Health
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| * Technology to Help you Age in Place
 | * Making your home safer
 | * MyChart Education
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**Event Location**: *Long Branch Baptist Church Auditorium 28 Bolt Street, Greenville, SC 29605*

The event is free, but **registration is requested** to plan for lunch.

Registration Link: [September 20th Aging in Place Fall Prevention: Stay Independent Event](https://www.findjoo.com/Agenda/Calendar/7610e888-a390-44cf-9ecb-a5ec014d6bd7?calendarType=2&inlineLayout=true&includeHeader=false)



If you have event questions, call Susan Cannon, LifeWise Program Coordinator, 864.292.9691 or email susan\_cannon@bshsi.org.