

Annual **FUND** Drive

You can make the best health care available for everyone



CELEBRATE GIVING

You make good happen



1st Edition 2024

Help when it's needed MOST

Tim was at work in his garden when he started to feel sick. He fell to his knees. Everything went black. It was a life-threatening stroke.

Strokes. Heart attacks. Accidents. Long-term illness. They can happen to anyone. If you or someone you love needs care, that's when you rely most on Bon Secours.

That's what our Bon Secours Richmond Health Care Foundation's Annual Fund Drive is all about: Neighbors standing with neighbors, caring for one another.

As a not-for-profit faith-based health care ministry, Bon Secours is here for you and for everyone. We depend on donations from neighbors like you to ensure our services are top-notch and available for anyone in need. Every dollar you give stays right here in our community.

Please consider making a donation today. Give in memory of someone you've lost. Or as a gesture of thanks for good health and successful outcomes. Your donation today will put your kindness and your values to work right here in the community.

My Annual Fund donation to Bon Secours

YES! Please use my donation to keep health care in our community strong — for me, my loved ones, and everyone!

Enclosed is my gift of:

- \$50 \$100 \$250
- \$500 Other \$ _____



Scan me with your smart phone to donate online directly!

Name (please print): _____

Address: _____ City: _____ State: _____ ZIP: _____

Email: _____ Phone: _____

Birth day: _____ ← So we can celebrate you on your special day!

Check (Payable to Bon Secours Richmond Health Care Foundation) Credit Card # _____ Exp. Date _____

I have remembered Bon Secours in my will. I would like to have more information on how to add a bequest in my will.

Give online at givebsmh.org/Richmond or by phone (804) 287-7700.

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Because of you, Andrea and Ian have healthy, loving hearts



BON SECOURS RICHMOND HEALTH CARE FOUNDATION

Why We Give:

We know how important support of our local health care is to its future

After Bob and Susan Wayland retired, they searched for a new place to call home. They settled on Virginia's beautiful Northern Neck. Now, they spend their retirement sailing on the surrounding Potomac and Rappahannock rivers, and Chesapeake Bay.

"The people are extremely friendly and nice and look out for each other," Susan says. "Here, we have not only the great people, but the beautiful environment. This is heaven on earth for us."

The Waylands know that the area would be much different if it were not for Bon Secours Rappahannock General Hospital. It's why they support the Bon Secours Richmond Health Care Foundation.

"It's important for everyone who uses the hospital, or may use the hospital, to support it because it's a really important asset for the community," Bob says. "Having a first-class medical facility makes a big difference in the security that people feel in living on the Northern Neck."



Both of Hannah's parents recovered from dangerous heart blockages thanks to your support of cardiac rehab at St. Mary's Hospital.

The Woie family is healthy thanks to you

Andrea Woie was only 32 years old when she and her husband Ian took a weekend getaway to Asheville, NC. That's when she first felt the tightness in her chest. It went away with a bit of rest, but returned many times over the next few days accompanied by severe pain. By the following Saturday, Andrea was at St. Mary's Hospital recovering from a heart attack.

"We just didn't believe it at first," says Andrea. "My doctor said my LAD artery was 100 percent blocked. I had a stent put in and that opened it up, but my heart was already damaged from the heart attack."

Thanks to your support, Andrea was able to recover from her heart attack after 12 weeks of rehab. She and Ian even had a baby girl, Hannah, four years later. Life was perfect.

In August of 2023, that all changed. Almost 11 years to the day of Andrea's heart attack, 40-year-old Ian experienced chest pain. After Andrea's ordeal, they went straight to St. Mary's where Ian required three stents of his own.

"Andrea preached throughout her recovery - just listen to your body," says Ian. "Understand when things aren't right and go get help. So that's what we did."

The couple credits St. Mary's for providing them with such excellent care. They even drove past two hospitals to get there because, as Ian puts it, "We knew that's where we wanted to be."

"We felt cared for from the moment we stepped in the door. And that care continues to this day with our cardiologists. We can't thank everyone enough," says Andrea.

Molly's life was saved because St. Mary's had the tools and skills they needed, thanks to you

Molly Frost recalls vividly the moment during her first brain bleed stroke that she was asked which hospital she wanted to go to.

"I said I wanted to go to St. Mary's," she says. "I was within a matter of minutes from dying, but they had everything ready for me. If it weren't for their quick action, I would have died."

Molly had a dangerous arteriovenous malformation and would go on to suffer two more strokes over the next eight years. St. Mary's responded to her emergencies every single time.

"Every second counts when you're having a stroke and they knew exactly what to do to save me. St. Mary's was the hospital that saved my life—three times." she says.

Because of your support of the Bon Secours Richmond Health Care Foundation, St. Mary's has the tools and expertise needed to respond to strokes like Molly's with timely precision.

"Molly's story says it all," says her mother, Ann Belk. "They saved her life. Everyone was so committed to saving her life."



Molly Frost suffered three strokes over eight years and St. Mary's responded to her emergencies every single time.

Ann, Molly and their family are grateful that your donations support St. Mary's and that their efforts led to a complete recovery for Molly, who now is the mother of two wonderful children of her own.

"For anyone who has ever had a loved one who has had to go through what our Molly went through and come out on the other side, there is simply not enough gratitude," Ann says.

"Thank you, from the bottom of my heart," Molly says. "Funds raised for medical treatments, technology and research are life-saving."

Grow your retirement income

Charitable Gift Annuity payout rates are at a ten-year high! You can get payments during your lifetime while you make an impactful life-saving donation to the Bon Secours Foundation.



Contact us!

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