

Emergency Checklist & ER Tips for Parents

5

Things All Parents Must Know About Emergency Care

The Pediatric Emergency Medicine (PEM) physicians at Bon Secours St. Mary's Hospital are experts in helping your child feel as comfortable as possible during treatment.

As a parent, you can do your part to be prepared to help your child as well, by taking a moment to review the following information today, and making sure that your whole family is prepared in case of an emergency.

1. PLAN AHEAD: Know the closest possible location for care if a child is ill or injured, and always have your insurance information handy.

2. STAY CALM: Feeling upset or uneasy when the child needs emergency care is normal. However, remaining calm will benefit both the child and the work of their caretakers.

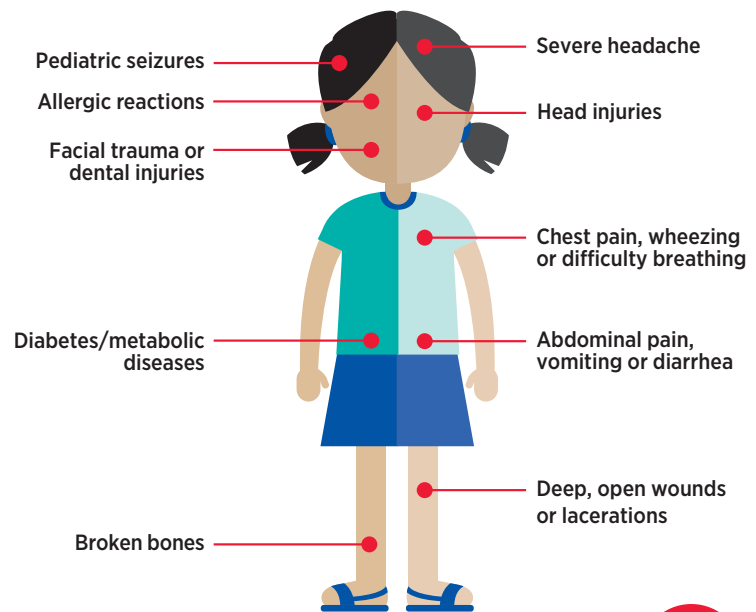
3. LEAVE SIBLINGS AT HOME: If it's possible, leaving brothers and sisters at home or with a relative will help you give the sick or injured child your full attention.

4. JUST THE FACTS: Precise, accurate explanations of how the child was injured, or the symptoms he or she is experiencing, can help caretakers diagnose and properly treat the child as quickly as possible. Do not hesitate to tell the medical team what is concerning you with your child; you know your child best.

5. FOLLOW UP: After an ER visit, let the child's doctor or pediatrician know the results of any emergency care received, to make sure it's noted in their medical file for future treatment.

More Care for Kids Than Anywhere Else

From common injuries and accidents to much-less-common medical specialties, the Bon Secours St. Mary's Pediatric Emergency Department is prepared to treat your children for any medical emergency they may have. In addition to standard medical training, our PEM physicians are trained in acute care for infants, babies, children and teens, working closely with our highly trained nursing staff, who also work exclusively with children and adolescents. Below, you'll find just a few examples of emergency conditions we treat regularly, along with some of the specialties for which our physicians provide care.



Your Emergency Checklist

To be better prepared in the event a child needs emergency care, keep the following information in an easily accessible place in your home:

- ✓ Each parent's and pediatrician's contact info
- ✓ Each child's food or drug allergies
- ✓ List of currently prescribed and over-the-counter medications, and any ongoing medical conditions, medical history and surgeries
- ✓ The child's health insurance policy number and contact info, if available
- ✓ Contact info for friends or family who can help



St. Mary's Hospital

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